

# EAST NOBLE

## F O O T B A L L

### 2022 East Noble Football Offseason Guide

**Varsity Head Football Coach: Luke Amstutz**  
**[lamstutz@eastnoble.net](mailto:lamstutz@eastnoble.net)**  
**260-402-2852**

**Freshmen Football Head Coach: Bret Sible**  
**[bretsible@gmail.com](mailto:bretsible@gmail.com)**  
**260-357-9944**

**EN Middle School Head Coach: Matt Bennett**  
**[mbennett@eastnoble.net](mailto:mbennett@eastnoble.net)**  
**260-343-8203**

**Youth Football Director: Tony Montoya**  
**260-318-1428**  
**[aemontoya@live.com](mailto:aemontoya@live.com)**

**Ty Conley**  
**President of East Noble Football Booster Club**  
**[conley\\_ty@yahoo.com](mailto:conley_ty@yahoo.com)**  
**260-242-4440**

## A Message from Coach Amstutz

Hello East Noble Football Families,

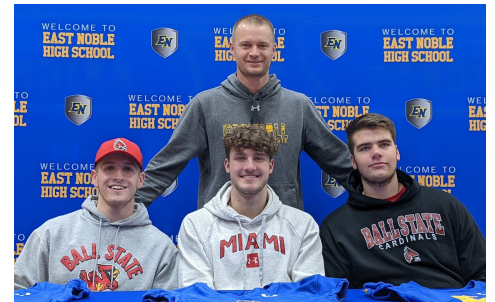
As the Head Coach of such a prestigious program, I take a lot of pride striving to provide our student/athletes with a GREAT experience. I truly believe that winning on the field is a by-product of learning to do things the right way, hard work, and developing the character of the people in our program.



While our ultimate goal on the field is to win the IHSAA 4A State Championship in Lucas Oil Stadium, the larger goal of this program is for EVERY person involved to have a great experience and become a better person for having gone through the process with their teammates.

After a decade of leading this program, I think back to all the great memories we have made, the relationships our players and coaches have developed, the big wins, the

trophies hoisted, and can say that these moments are not made on Friday Knights, but instead in the countless hours of being together, working in silence in the early mornings, and because of the LOVE that our players learn to have for each other as they grow up and compete together.



Each year, the East Noble Football Program has the expectation that our athletes compete at the highest level in every age group, and to do so, our athletes need to be prepared, and constantly improving themselves as athletes, football players, and most importantly, as young men.

In this guide, you will find a roadmap of the opportunities available for your son as a part of the East Noble Football Program. Please feel free to reach out if you have any questions





## Varsity Football



[Click Here to #BEAKNIGHT](#)

Level	Varsity Football: Incoming Grades 10,11,12
Winter	<ul style="list-style-type: none"> <li>All Players enrolled in ENHS Strength Classes or Lift in After School Program</li> </ul>
Spring	<ul style="list-style-type: none"> <li>All Players enrolled in ENHS Strength Classes or Lift in After School Program</li> <li>ENFB Spring Practices begin April 11 (Monday Night) 5:00-6:30PM (<a href="#">See Spring Calendar Attached</a>)</li> <li>Look for an online Team Store for any apparel or equipment needs.               <ol style="list-style-type: none"> <li>All Players need a Blue Under Armor Practice Jersey</li> </ol> </li> </ul>
Summer	<ul style="list-style-type: none"> <li>All Players expected to participate in daily strength, speed and agility workouts on Monday Night, Tuesday and Thursday mornings</li> <li>ENFB Practices (12 total) and Competitions (5 Total) throughout summer. (<a href="#">See Summer Calendar attached</a>)</li> </ul>
Fall (In-Season)	<ul style="list-style-type: none"> <li>All Players must have approved IHSAA Physical in order to participate in any IHSAA Sport at East Noble</li> <li><a href="#">In Season Calendar</a></li> <li>In Season Freshmen Games are generally on Thursday Nights at same location as the previous Varsity Game.</li> </ul>
Contact	<p><b>Varsity Head Football Coach: Luke Amstutz</b></p> <p><a href="mailto:lamstutz@eastnoble.net">lamstutz@eastnoble.net</a></p> <p><b>260-402-2852</b></p>

## Freshmen Football



[Click Here to #BEAKNIGHT](#)

Level	Freshmen Football: Incoming Grade 9
Winter	<ul style="list-style-type: none"> <li>All Players enrolled in ENHS Strength Classes or Lift in After School Program</li> <li>Freshmen Football at EN is an extension of the Varsity Program and will practice with Varsity.</li> </ul>
Spring	<ul style="list-style-type: none"> <li>All Players enrolled in ENHS Strength Classes or Lift in After School Program</li> <li>ENFB Spring Practices begin April 11 (Monday Night) 5:00-6:30PM (<a href="#">See Spring Calendar Attached</a>)</li> </ul>
Summer	<ul style="list-style-type: none"> <li>ENMS and Freshmen Football Players enroll in <a href="#">East Noble Football Academy</a> for Summer Strength, Skill and Leadership Training. (See Academy Calendar Attached)</li> <li>ENFB Practices (12 total) and Competitions (5 Total) throughout summer. (<a href="#">See Summer Calendar attached</a>)</li> </ul>
Fall (In-Season)	<ul style="list-style-type: none"> <li>All Players must have approved IHSA A Physical in order to participate in any IHSA A Sport at East Noble.</li> <li><a href="#">In Season Calendar</a></li> <li>In Season Freshmen Games are generally on Thursday Nights at the same location as the previous Varsity Game.</li> </ul>
Contact	<p><b>Freshmen Football Head Coach: Bret Sible</b></p> <p><a href="mailto:bretsible@gmail.com">bretsible@gmail.com</a></p> <p><b>260-357-9944</b></p>



## East Noble Middle School Football



[Click Here to #BEAKNIGHT](#)

Level	East Noble MS/FR Football: Incoming Grades 7,8,9
Winter	<ul style="list-style-type: none"> <li>No specific football activities</li> </ul>
Spring	<ul style="list-style-type: none"> <li>After School Strength Training Available on Mondays and Wednesdays at ENHS 3:00-4:00</li> <li>Incoming FR welcome to attend Varsity Spring Practices beginning April 11 5PM</li> <li><a href="#">Middle School Non-Contact Camp May 23-25 3:00-4:30</a></li> </ul>
Summer	<ul style="list-style-type: none"> <li>ENMS Football Players enroll in <a href="#">East Noble Football Academy</a> for Summer Strength, Skill and Leadership Training. (See Academy Calendar Attached)</li> </ul>
Fall (In-Season)	<ul style="list-style-type: none"> <li>ENMS MS Football Season will begin August 1</li> <li>All ENMS Players must have a current Physical On File with East Noble Middle School</li> </ul>
Contact	<p><b>EN Middle School Head Coach: Matt Bennett</b></p> <p><a href="mailto:mbennett@eastnoble.net">mbennett@eastnoble.net</a></p> <p><b>260-343-8203</b></p>

## The Knightmares: East Noble Youth Football



[Click Here to #BEAKNIGHTMARE](#)

Level	East Noble Youth Football Incoming Grades 1-6
Winter	<ul style="list-style-type: none"> <li>No specific football activities</li> </ul>
Spring	<ul style="list-style-type: none"> <li>No specific football activities</li> </ul>
Summer	<ul style="list-style-type: none"> <li>June 6,7,8: <a href="#">Knights Youth Camp Grades 1-6</a></li> </ul> 
Fall (In-Season)	<p><a href="#">The Knightmares!</a></p> <p>The Knightmares will practice twice a week in the evenings and play most games on Saturday mornings.</p> <p>There is an optional end of year tournament in Indianapolis each season for each grade level.</p>
Contact	<p><b>Youth Football Director: Tony Montoya</b></p> <p><b>260-318-1428</b></p> <p><a href="mailto:aemontoya@live.com">aemontoya@live.com</a></p>



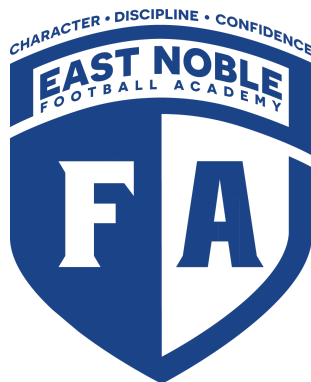
## East Noble Football Booster Club



The Goal of the East Noble Football Booster Club is to provide financial and logistical support to one of the largest football programs in Northeast Indiana. This group aims to provide a GREAT experience for all of our players, no matter their financial situation.

Level	Events
Get Involved! Contact	<p><b>Ty Conley</b>  <b>President of East Noble Football Booster Club</b>  <a href="mailto:conley_ty@yahoo.com">conley_ty@yahoo.com</a>  <b>260-242-4440</b>  <a href="#">ENFB Boosters on Facebook</a></p>
<b>The ENFB Booster Golf Outing</b>	<ul style="list-style-type: none"> <li>• Our Biggest Fundraising Event of each season is our July Golf Outing</li> <li>• This year's outing will be held at Noble Hawk on July 30 with an 8AM Shotgun start.</li> <li>• <a href="#">ENFB Booster Golf Outing Info and Registration</a></li> </ul>





## East Noble Football Academy Mission Statement

The mission of the East Noble Football Academy is to provide training, mentorship and support to student athletes from all backgrounds in the East Noble Community, empowering them to become productive and successful members of our community.

## Overview of Program: For Incoming 7th, 8th, 9th Graders

The East Noble Football Academy Program is designed to give all kids in the East Noble Community access to improvement tools, regardless of socioeconomic background. All of our participants will be exposed to a high level of athletic training, mentorship, leadership training, and social and academic support.

Members of the East Noble Football Staff, the Varsity Football Team, Middle School and Youth League Coaches will partner with our community to provide opportunities for student athletes in a positive environment where ALL student athletes can grow into better members of our community.

**This program is free of financial cost, but has a few requirements.**

1. Commitment to the program for the entire 7 week session.
2. Student/Athlete must maintain passing grades in all subjects at school OR improvement of grades if a student begins the program not in good academic standing.
3. Participation in an end of session community service project planned by the staff for the betterment of the East Noble Community

## Typical Academy Program Activities

Dates	Events
Session 1 Tuesday June 7 10:00-12:00 ENHS Stadium	<ul style="list-style-type: none"> <li>• 10:00 Meet, Warm up</li> <li>• 10:15 Speed/Agility Training</li> <li>• 10:30 Strength Session in HS Weightroom</li> <li>• 11:15 ENFB Skill Training</li> <li>• 11:45 Leadership Training, Guest Speaker, Mentor Meeting</li> <li>• 12:00 Lunch Provided as Dismissed</li> </ul>



## Important Information, Links and Social Media

Follow East Noble Football for updates, news and information on Social Media:

Twitter: [@ENKnightsFB](#)

Instagram: [@eastnoblefootball](#)

Facebook: [East Noble Football Boosters](#)

[East Noble Football Home Page](#)

[John Harrell Football](#) (Indiana High School Football History, Scores, Schedules, Etc)

# EAST NOBLE

## F O O T B A L L

SUN

MON

TUES

WED

THURS

FRI

SAT

**Varsity Spring Practice:  
April 2022**

3  
Spring Break

4  
Spring Break

5  
Spring Break

6  
Spring Break

7  
Spring Break

1  
Spring Break

2  
Spring Break

10

11  
5:30PM Varsity  
Practice

12

13  
6:30AM Varsity  
Practice

14

15

16

17

18  
5:30PM Varsity  
Practice

19

20  
6:30AM Varsity  
Practice

21

22

23

24

25  
5:30PM Varsity  
Practice

26

27  
6:30AM Varsity  
Practice

28

29  
7:15AM Sr  
Leadership

30

**May 2022**

2  
5:30PM Varsity  
Practice

3

4  
6:30AM Varsity  
Practice

5

6  
7:15AM Sr  
Leadership

7

8

9  
5:30PM Varsity  
Practice

10

11  
6:30AM Varsity  
Practice

12

13  
7:15AM Sr  
Leadership

14

15

16

17

18

19

20

21

22

23  
MS FB Camp 3-  
5PM @ENMS

24  
MS FB Camp 3-  
5PM @ENMS

25  
MS FB Camp 3-  
5PM @ENMS

26

27

28

29

30



# EAST NOBLE

## FOOTBALL

SUN

MON

TUES

WED

THURS

FRI

SAT

### Varsity Practice: June 2022

5

6

7

8

9

10

11

5-8PM  
ENFB Practice

8-10 Varsity Str  
10-12 FR/MS St

8-10 Varsity Str  
10-12 FR/MS St

Youth FB Camp  
10-12

Youth FB Camp  
10-12

Youth FB Camp  
10-12

12

13

14

15

16

17

18

5-8PM  
ENFB Practice

8-10 Varsity Str  
10-12 FR/MS St

12PM OPS  
Shootout at  
Carroll

8-10 Varsity Str  
10-12 FR/MS St

19

20

21

22

23

24

25

5-8PM  
ENFB Scrimm v  
Eastside

8-10 Varsity Str  
10-12 FR/MS St

8-10 Varsity Str  
10-12 FR/MS St

26

27

28

29

30

1

2

5-8PM  
ENFB Practice

ENFB Team  
Camp in Indy

ENFB Team  
Camp in Indy

### Varsity July 2022

4

5

6

7

8

9

10

11

12

13

14

15

16

5-8PM  
ENFB Practice

8-10 Varsity Str  
10-12 FR/MS St

5-8PM  
ENFB Practice

17

18

19

20

21

22

23

5-8PM  
ENFB Scrimm v  
Snider

Senior Trip in  
WV

Senior Trip in  
WV

5-8PM  
ENFB Practice

IHSAA  
Scrimmage at  
Warsaw 9AM

24

25

26

27

28

29

30

ENFB Booster  
Golf Outing @  
Noble Hawk

### Varsity August 2022

1

2

3

4

5

6

Official  
Practices Begin  
TBD

TRADITION NEVER GRADUATES





## ENMS Summer 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>ENMS</b> <b>June 2022</b>			1	2	3	4
5	6	7 10-12 Academy Workouts	8	9 10-12 Academy Workouts	10	11
12	13	14 10-12 Academy Workouts	15	16 10-12 Academy Workouts	17	18
19	20	21 10-12 Academy Workouts	22	23 10-12 Academy Workouts	24	25
26	27	28 10-12 Academy Workouts	29	30	1	2
<b>ENMS</b> <b>July 2022</b>	4	5	6	7	8	9
10	11	12 10-12 Academy Workouts	13	14 10-12 Academy Workouts	15	16
17	18	19 10-12 Academy Workouts	20	21 10-12 Academy Workouts	22	23
24	25	26	27	28	29	30





## East Noble Youth Football Summer Calendar

SUN	MON	TUES	WED	THURS	FRI	SAT
<i>June 2022</i>			1	2	3	4
5	6 Knights Youth Football Camp 10AM-12 at East Noble MS	7 Knights Youth Football Camp 10AM-12 at East Noble MS	8 Knights Youth Football Camp 10AM-12 at East Noble MS	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
<i>July 2022</i>	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 ENYFL Knightmares Begin Practice	26 ENYFL Knightmares Begin Practice	27 ENYFL Knightmares Begin Practice	28 ENYFL Knightmares Begin Practice	29	30

# 2022 Knights Youth FB Camp

## When

June 6,7,8  
10AM-12:00PM

## Where

East Noble Middle School  
415 Drake Road  
Kendallville, IN 46755

Drop off and Pick Up is at Northwest Stadium Gate



## Who

Students ENTERING grades 1-6 Next Year

Campers will be split into 2 groups

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Grade

4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> Grade

Campers will need cleats and gym shoes (in case of rain)

This is a Non-Contact Camp  
Shorts and T-Shirt should be worn.

Campers are advised to wear or bring sunscreen as well.

## Staff

Camp is coached by Varsity and MS Coaching Staff along with select High School Players



## Cost/Deadline

Deadline is May 30. All Campers will receive camp T-Shirt

Late registrations are welcome but will not receive T-Shirt

Cost is \$40 for 1st child, \$20 for 2<sup>nd</sup>, and Free for 3<sup>rd</sup>.

Checks Payable: Knights Youth Camp LLC

If cost is an issue, contact Coach Amstutz to make arrangements. We want your athlete at camp! Don't let cost be the deciding factor!

## Contact

Head Coach Luke Amstutz  
lamstutz@eastnoble.net  
260-402-2852  
@ENKnightsFB on Twitter

Name\_\_\_\_\_

Email\_\_\_\_\_

School AV RC WC NS SS ENMS

Grade Level Next Year\_\_\_\_\_

T Shirt Size

Youth: M L

Adult: S M L XL XXL

Emergency Phone\_\_\_\_\_

Anything we should know? Medical Conditions?  
Special Requests? Food Allergies?

I/We acknowledge and know the risks of athletic participation and understand that injury is always a possibility. With this understanding I/we release and hold harmless East Noble Schools the East Noble Coaching staff, and Operators of The Knights Youth Camp from any liability for injury from this participation

Signature\_\_\_\_\_

Printed\_\_\_\_\_

Send Application and Check Payable to Knights Youth Camp LLC to

Luke Amstutz  
901 Garden Street  
Kendallville, IN 46755





# 2022 Knights Middle School FB Camp

## When

May 23-25  
3:00PM-5:00PM

## Where

East Noble Middle School  
415 Drake Road  
Kendallville, IN 46755

Drop off and Pick Up is at Northwest Stadium Gate



## Who

Students ENTERING grades 7-8-9 Next Year

Campers will need cleats and gym shoes (in case of rain)

This is a Non Contact Camp (Helmets will be worn)  
Shorts and T-Shirt should be worn.

Campers are advised to wear or bring sunscreen as well.

## Staff

Camp is coached by Varsity and MS Coaching Staff along with select High School Players



## Cost/Deadline

Deadline is May 16. All Campers will receive a T Shirt

Late registrations are welcome.

Cost is \$40 for 1st child, \$20 for 2<sup>nd</sup>

Checks Payable: Knights Youth Camp LLC

If cost is an issue, contact Coach Amstutz to make arrangements. We want your athlete at camp! Don't let cost be the deciding factor!

## Contact

Head Coach Luke Amstutz  
lamstutz@eastnoble.net  
260-402-2852  
@ENKnightsFB on Twitter

Name\_\_\_\_\_

Email\_\_\_\_\_

Grade Level Next Year\_\_\_\_\_

T Shirt Size

Youth: M L  
Adult: S M L XL XXL

Emergency Phone\_\_\_\_\_

Anything we should know? Medical Conditions?  
Special Requests? Food Allergies?

I/We acknowledge and know the risks of athletic participation and understand that injury is always a possibility. With this understanding I/we release and hold harmless East Noble Schools the East Noble Coaching staff, and Operators of The Knights Youth Camp from any liability for injury from this participation

Signature\_\_\_\_\_

Printed\_\_\_\_\_

Send Application and Check Payable to Knights Youth Camp LLC to

Luke Amstutz  
901 Garden Street  
Kendallville, IN 46755

