



KNIGHTS FOOTBALL

June 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	OFF	OFF	OFF	OFF	OFF	1
2	3 PRACTICE & STRENGTH/SPEED 5:00-8:30	4 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	5	6 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	7	8
9	10 PRACTICE & STRENGTH/SPEED 5:00-8:30	11 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	12	13 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	14	15
16	17 PRACTICE & STRENGTH/SPEED 5:00-8:30	18 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	19 PSM 7v7 TOURNEY @EAST NOBLE 9:00-3:30	20 STRENGTH/SPEED & DRILLS 8:00-10:00 AM SCRIMMAGE @FISHERS 5:00-8:00 PM	21	22
23	24 PRACTICE & STRENGTH/SPEED 5:00-8:30	25 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	26	27 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	28	29



KNIGHTS FOOTBALL

July 2024						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OFF	2 OFF	3 OFF	4 OFF	5 OFF	6
7	8 PRACTICE & STRENGTH/SPEED 5:00-8:30	9 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	10	11 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	12	13
14	15 PRACTICE & STRENGTH/SPEED 5:00-8:30	16 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	17 SCRIMMAGE @TAYLOR UNIVERSITY	18 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	19	20
21	22 STRENGTH/SPEED & SCRIMMAGE @CARROLL 5:00-8:30 PM	23 <i>SENIOR WEST VIRGINIA TRIP</i>	24 <i>SENIOR WEST VIRGINIA TRIP</i>	25 STRENGTH/SPEED & DRILLS 8:00-10:00 AM	26	27
28	29 MIDDLE SCHOOL CAMP 4:00-5:15 YOUTH CAMP 5:30-6:45 PM	30 MIDDLE SCHOOL CAMP 4:00-5:15 YOUTH CAMP 5:30-6:45 PM	31 MIDDLE SCHOOL CAMP 4:00-5:15 YOUTH CAMP 5:30-6:45 PM	1.		